

Certificate in Personal Safety Awareness

About the course

This course is a relevant life skill and contributes to the need for the individual's personal safety within the local community.

- Suitable for delivery in schools, colleges, community settings and the workplace.
- Additionality for other programmes.

Who should attend

This programme has been written for everyone who may have concerns about their personal safety, either in the work place or in a social environment. It will benefit these individuals as well as those organisations seeking to show due diligence towards their employees.

What you will learn

The aim of this programme is to raise the personal safety awareness of the individual, by offering advice and an understanding in a range of practical safety issues that can be used to develop individual strategies to improve their personal safety in a variety of situations.

The length of the course

14 hours.

Course content

- Putting the Risks of Violence into Perspective
- Health & Safety & Personal Safety
- Handling Conflict Situations
- Assessing & Managing Aggression & Violence
- Practical Personal Safety Issues
- Personal Safety & the Law

Assessment and certification

Learners must pass an externally set and assessed multiple choice test to achieve the certificate as well as completing an entry questionnaire and an exit review.

Where you can do the course

This course can be held in your premises throughout the UK.

How much it costs

See price list.

Continued over ...

How to apply

You can book on to a course or organise in house training:

- on our website **www.switchtraining.co.uk**
- by email **info@switchtraining.co.uk**
- by phone **01666 823626**