

# Positive Behaviour Management

## **About the course**

This course identifies possible causes of challenging behaviour and explores positive strategies to adopt in its management. The focus is on the practical application of tried and tested approaches within the child care environment.

## **Who should attend**

Although the course is particularly geared towards the Early Years practitioner, it will also prove beneficial to anyone with a role or interest in the care of older children.

## **What you will learn**

Why challenging behaviour may occur, the benefits of Positive Behaviour Management and how to apply this strategy in future practice.

## **The length of the course**

6 hours.

## **Course content**

- Exploration of personal beliefs surrounding behaviour and applying these in the context of existing behaviour management strategies in the workplace.
- Normal cognitive and social development and possible causes of challenging behaviour.
- Examples of challenging behaviour and the advantages of positive behaviour management.
- Identifying signs of high and low self-esteem and recognising strategies to raise self-esteem.
- The ABC approach to behaviour management.
- Identifying focus behavioural issues and devising action plans.
- Developing an age-appropriate code of conduct, exploring choices, consequences and positive reinforcement.
- Evaluating adults as positive role models.
- Developing an Early Years positive behaviour management policy.

## **Assessment and certification**

Group work and discussion sessions will support the teacher's ongoing assessment throughout the course. Certificates will be issued by Switch following completion of the course.

## **Where you can do the course**

This course can be held in your premises throughout the UK. Open courses are held in Wiltshire and Gloucestershire.

