

CU1579 Support Young People with Mental Health Problems

Aims

This unit aims to enable learners to understand the issues affecting young people with mental health problems, how to support them and know about the relevant statutory and legal frameworks.

Credit 3

Level 3

Learning outcomes The learner will:	Assessment criteria The learner can:
1. Understand the issues affecting young people with mental health problems	1.1 Explain the social, emotional and psychological issues that may affect the well-being of young people with mental health problems 1.2 Explain the factors that may affect the needs of these young people, such as physical, medical and mental health care, social and sexual well-being or harmful behaviours
2. Understand how to support young people with mental health problems	2.1 Describe the sources of information, agencies and support services which are available to help young people with mental health problems 2.2 Explain how to help build self-confidence, independence and self-esteem in young people with mental health problems 2.3 Enable young people with mental health problems to express their views, anxieties and feelings about their support needs, without fear of pressure or judgement
3. Know about the statutory and legal frameworks in relation to young people with mental health problems	3.1 Describe the statutory and legal frameworks for protecting young people with mental health problems 3.2 Explain how to work in partnership with families, parents, carers or significant others in a way that balances the rights and interests of these young people against any limitations required for their protection