

CU1549 Support Children and Young People to have Positive Relationships

Aims

This unit provides a basic knowledge and competence to support children and young people in the relationships they have with family, friends or professionals.

Credit 3

Level 3

Learning outcomes	Assessment criteria
<p>The learner will:</p> <p>1. Understand the importance of positive relationships for the development and well being of children and young people</p>	<p>The learner can:</p> <p>1.1 Identify the different relationships children and young people may have</p> <p>1.2 Explain the importance of positive relationships for development and wellbeing</p> <p>1.3 Explain the possible effects of children having restricted, or supervised contact in order to maintain relationships</p>
<p>2. Be able to support children and young people to make and maintain positive relationships</p>	<p>2.1 Demonstrate how to support children or young people to maintain relationships with carers or professionals who are important to them</p> <p>2.2 Explain how to support children or young people to make new relationships</p> <p>2.3 Provide practical and emotional support to encourage children or young people to commit to and enjoy positive relationships</p>

<p>3. Understand how to support children and young people when there are relationship difficulties</p>	<p>3.1 Explain why it is important to encourage children or young people to resolve conflict for themselves if possible</p> <p>3.2 Explain how to support a child or young person who is distressed by relationship difficulties</p> <p>3.3 Explain how to support a child or young person to end relationships that are making them unhappy</p> <p>3.4 Describe the circumstances that would result in a relationship causing concern and the actions that should follow</p> <p>3.5 Explain how to support children or young people to recognise and take action when they are involved in abusive or exploitative relationships</p>
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