

CU1535 Promote Children's Welfare and Well-being in the Early Years

Aims

This is a unit that is focused on children's welfare and well being. It assesses the learner's ability to provide basic care in a hygienic environment. It includes understanding nutritional needs and the promotion of health and well being.

Credit 6

Level 3

Learning outcomes	Assessment criteria
<p>The learner will:</p> <p>1. Understand the welfare requirements of the relevant early years framework</p>	<p>The learner can:</p> <p>1.1 Explain the welfare requirements and guidance of the relevant early years framework</p> <p>1.2 Explain the lines of reporting and responsibility within the work setting</p>
<p>2. Be able to keep early years children safe in the work setting</p>	<p>2.1 Demonstrate safe supervision of children whilst allowing the child to explore and manage risk and challenge</p> <p>2.2 Explain systems for supporting children's safety when:</p> <ul style="list-style-type: none"> ▪ Receiving children into the setting ▪ Ensuring their safety on departure ▪ During off site visits <p>2.3 Demonstrate and evaluate how the environment, both inside and outside, and equipment and materials are checked and used to ensure safety</p> <p>2.4 Explain, giving examples, why minimum requirements for:</p> <ul style="list-style-type: none"> ▪ Space ▪ Staff ratios

<p>3. Understand the importance of promoting positive health and well being for early years children</p>	<p>3.1 Explain how to promote children's health and well being in an early years work setting</p> <p>3.2 Describe the roles of key health professionals and sources of professional advice in promoting positive health and well being for early years children and their families and carers</p>
<p>4. Be able to support hygiene and prevention of cross infection in the early years setting</p>	<p>4.1 Demonstrate how equipment and each area of the setting is kept clean and hygienic</p> <p>4.2 Demonstrate and evaluate measures taken in the setting to prevent cross infection</p> <p>4.3 Explain how to prepare and store food, formula and breast milk safely according to health and safety guidelines</p>
<p>5. Understand how to ensure children in their early years receive high quality, balanced nutrition to meet their growth and development needs</p>	<p>5.1 Identify balanced meals, snacks and drinks for children in their early years, following current government guidance on nutritional needs</p> <p>5.2 Recognize why it is important to follow carer's instructions in respect of their child's food allergies or intolerances</p> <p>5.3 Identify the dietary requirements of different cultural or religious groups</p> <p>5.4 Describe methods of educating children and adults in effective food management</p>
<p>6. Be able to provide physical care for children</p>	<p>6.1 Demonstrate how to support children's personal care routines, showing respect to the child and using opportunities to encourage learning and development</p> <p>6.2 Explain the regulations concerning management of medicines and how these are interpreted in the work setting</p> <p>6.3 Explain how to protect themselves when lifting and handling children and equipment in the work setting</p>