

CU1531 Engage in Personal Development In Health, Social Care or Children's and Young People's Setting

Aims

This unit is aimed at those who work in health or social care settings or with children or young people in a wide range of settings. The unit considers personal development and reflective practice, which are both fundamental to such roles.

Credit 3

Level 3

Learning outcomes The learner will:	Assessment criteria The learner can:
1. Understand what is required for competence in own work role	1.1 Describe the duties and responsibilities of own work role 1.2 Explain expectations about own work role as expressed in relevant standards
2. Be able to reflect on practice	2.1 Explain the importance of reflective practice in continuously improving the quality of service provided 2.2 Demonstrate the ability to reflect on practice 2.3 Describe how own values, belief systems and experiences may affect working practice
3. Be able to evaluate own performance	3.1 Evaluate own knowledge, performance and understanding against relevant standards 3.2 Demonstrate use of feedback to evaluate own performance and inform development

<p>4. Be able to agree a personal development plan</p>	<p>4.1 Identify sources of support for planning and reviewing own development</p> <p>4.2 Demonstrate how to work with others to review and prioritise own learning needs, professional interests and development opportunities</p> <p>4.3 Demonstrate how to work with others to agree own personal development plan</p>
<p>5. Be able to use learning opportunities and reflective practice to contribute to personal development</p>	<p>5.1 Evaluate how learning activities have affected practice</p> <p>5.2 Demonstrate how reflective practice has led to improved ways of working</p> <p>5.3 Show how to record progress in relation to personal development</p>