
CU1529 Support Children and Young People’s Play and Leisure

Level 2

Credit value 3

GLH 16

Unit summary

This unit provides the knowledge, understanding and skills required to support children and young people’s play and leisure. It requires demonstration of competence in supporting play and leisure activities, helping children and young people to manage risk and challenge and reflecting on and improving own practice.

Learning outcomes	Assessment criteria
The learner will:	The learner can:
1 Understand the nature and importance of play and leisure	1.1 Describe the importance of play and leisure for children and young people 1.2 Describe how play and leisure contribute to children and young people’s development 1.3 Outline the requirements of the UN Convention on the Rights of the Child in relation to relaxation and play 1.4 Describe the characteristics of freely chosen, self-directed play and leisure

<p>2 Be able to support children and young people's play and leisure</p>	<p>2.1 Describe own role in supporting children and young people's play and leisure activities</p> <p>2.2 Give attention to children and young people's play and leisure activities while being sensitive to own impact on activities</p> <p>2.3 Undertake routine safety checks on areas used for children and young people's play and leisure before, during and after play and leisure activities</p> <p>2.4 Supervise children and young people's play and leisure ensuring their safety</p> <p>2.5 Interact with children and young people in a way that demonstrates:</p> <ul style="list-style-type: none"> ▪ interest in what they say, experience and feel ▪ respect for their privacy and freedom to make choices for themselves ▪ encouragement and praise for play and leisure activities
<p>3 Be able to support children and young people in balancing risk and challenge</p>	<p>3.1 Outline the value of risk and challenge in children and young people's play and leisure</p> <p>3.2 Describe with examples what is meant by unacceptable risk and challenge in children and young people's play and leisure</p> <p>3.3 Describe why it is important for children and young people to manage risk and challenge for themselves</p> <p>3.4 Demonstrate ways of encouraging children and young people to manage risk and challenge in play and leisure activities for themselves</p>
<p>4 Be able to reflect on and improve own practice</p>	<p>4.1 Reflect on all aspects of own practice in supporting children and young people's play and leisure</p> <p>4.2 Identify own strengths and areas where practice could improve</p> <p>4.3 Describe how own practice has been improved following reflection</p>