

CU1513 Contribute to the Support of Positive Environments for Children and Young People

Level 2

Credit value 3

GLH 27

Unit summary

The aim of this unit is to develop the learners understanding of why a positive environment is important to the individual needs of children and young people and the skills required to support this.

Learning outcomes	Assessment criteria
The learner will:	The learner can:
1 Know the regulatory requirements for a positive environment for children and young people	1.1 Describe what is meant by a positive environment 1.2 Identify regulatory requirements that underpin a positive environment for children and young people
2 Be able to support a positive environment that meets the individual needs of children and young people	2.1 Meet and greet children and young people in a way that welcomes them into the work setting 2.2 Provide opportunities for children and young people to engage in activities of choice 2.3 Provide activities and resources to meet the individual needs of children and young people 2.4 Support the engagement of children or young people in activities that promote use of their senses 2.5 Demonstrate how to give praise and encouragement to children or young people for individual achievements

<p>3 Be able to support the personal care needs of children and young people within a positive environment</p>	<p>3.1 Explain how to effectively care for children and young people's skin, hair and teeth</p> <p>3.2 Demonstrate how to support personal care routines that meet the individual needs of children or young people and promote their independence</p> <p>3.3 Explain how a positive environment and routine meet the emotional needs of children and their families</p> <p>3.4 Describe the importance for physical and mental well being of balancing periods of physical activity with rest and quiet time</p>
<p>4 Understand how to support the nutritional and dietary needs of children and young people</p>	<p>4.1 Define the basic nutritional requirements of children and young people to ensure a balanced diet and meet government guidance</p> <p>4.2 Explain how to establish the different dietary requirements of children and young people</p> <p>4.3 Describe basic food safety when providing food and drink to children and young people</p>